

Swatantrya Sainik Suryabhanji Pawar College , Purna (Jn.)

Dist. Parbhani

Institutional Best Practices

Women are backbone of our society who contributes fifty percent of our population, women especially in rural area are illiterate or not highly educated, their awareness regarding health and nutrition is poor, the occurrence of diseases, health problems are found more among rural women. Majority of women and girls are anemic. That is why there is need to give them knowledge of nutrition and health.

Secondly rural women are engaged in household and farm activities, majority of rural women are financially dependent on others. To make them self reliant there is need to give training of various skills.

Taking into consideration our institution take efforts to improve quality of life of rural population through extension activities given below these practices reflects best practices of our institution.

1. "Training programme for women and adolescent girls regarding Home-Science activities:"
 1. To create nutrition awareness among rural women and adolescent girls.
 2. To create health awareness among rural women and adolescent girls.
 3. To give training of tie & dye textile printing techniques.
 4. To give 'training of knitting and embroidery skills' for enterprise development.
 5. To organize BMI workshop.

2nd Best practice

'Child Guidance and Nutrition counseling Centre'

1. Title of the practice :
"Training programmes for women and adolescent girls regarding Home-Science activities."
2. Objectives of the practices :
 1. To create nutrition awareness among women and adolescent girls.
 2. To create health awareness among women and adolescent girls.
 3. To give training of tie and dye a textile printing method for economic upliftment of rural women.
 4. To give training of knitting and embroidery 'Skills' for enterprise development.
 5. To organize BMI workshops.

